

# Breakout Session Topics

## **He Thinks You're Worth It - Sara Reid - Session 1**

Ready to chat all things singleness and dating? Whether you're a teen, young woman, or have some wisdom on your side, join us for this session where we will dive into contentment in your season, dating with Biblical standards, how to be someone ready for a relationship and how to continue Godly standards after you are in a relationship. By looking at a biblical example of friendship, love, and godly romance we will discover our worth as Daughters of the King.

## **Reaching Gen-Z - Sara Reid - Session 2**

Have you heard of Gen-Z, the largest generation in American History? Maybe you've heard some negative references about the next generation and you worry about the church and who will rise up and lead. Do you have a heart to disciple the next generation? Join us for this session to learn all about Gen-Z, what they believe, how to reach and disciple them for Jesus, and how the church fits into all of it! May God use us to usher in revival among this generation!

## **7 Vital Truths for Foster and Adoptive Moms - Brenna Stull - Session 1**

Most foster and adoptive moms long to create a peaceful and nurturing space where every member of the family can blossom and thrive. But because of the barrage of lies that constantly come against them and their children and the scars from the past that magnify the lies, they find themselves defeated and just surviving most days. By telling the truth practically and simply in 7 vital places, moms can help their children and themselves overcome obstacles and flourish, leading to a harmonious home the whole family can enjoy.

## **The Daughter of the King's Guide to Being Treated Royally - Brenna Stull-Session 2**

Women can be very good at harping on husbands' faults and failures, but that only leads to discontent and distance in marriage. Yelling, nagging, and belittling are disrespectful and ineffective. But respect is everything. Learn specific action steps to transform your marriage, including a "7 Days to a Superman Husband" bonus.

## **Living Free in Oneness - Shelia Jones - Sessions 1 and 2**

Our prayer life is only as powerful as our awareness of His Presence. Jesus gave us everything we need to live out the same power as His earthly ministry. So instead of giving into the anxiety, pain, fear, burnout, shame, or unending chaos; maybe, it's time to see Jesus anew and yield to His resurrection power Oneness He died to give us. I'm ready, anyone else?

**Oh, give thanks to the Lord, for He is good!  
For His mercy endures forever.  
1 Chronicles 16:34**

## **For Ministry Leaders: Creating a Culture of Evangelism- Catherine Renfro - Session 1**

Ministry leaders: There are two words that resonate in the minds of those you lead; Purpose and Influence. People want to live with purpose and Influence. Creating a culture of evangelism in your ministry will not only equip those you lead to live out their purpose of knowing Jesus and making Him known, but leverage their life for maximum influence as they do things today that will matter for eternity. Join Catherine Renfro, National Director of Women's Evangelism at the North American Mission Board, to discuss creating a culture of evangelism in your ministry and mobilizing those you have the privilege of leading to live a life of purpose and influence as they share the hope of the gospel.

## **Life on Mission: Living on Purpose For a Purpose - Catherine Renfro - Session 2**

On Sundays we get to gather with the Church. We get to serve the Church. We get to worship with the Church. But on Monday through Saturday we get to BE the Church. In Matthew 28 Jesus gives His disciples a command that changes not only the trajectory of our life, but could change the trajectory of someone else's life. Join Catherine Renfro as we talk about leveraging your life to live on purpose for a purpose as you share the hope of the gospel with everyone, everywhere until the whole world hears.

## **Shifting Seasons - Amanda Young - Sessions 1 and 2**

If you're facing a season of change in your life, understanding this shift will help you learn and grow. In this session, you will be able to pause and evaluate change, loss, endings, and beginnings in this season.

## **Reaching the Next Generation with God's Goodness! - Julie Newsted - Session 1**

The younger generation matter to God and need to know God's goodness when life doesn't go their way. Come learn with me about how to love and reach the next generation of women.

## **Saturating Your Life with God's Goodness Through His Word - Julie Newsted - Session 2**

We learn of God's goodness through life but even more importantly, through His Word. Come join me on an adventure through His Word revealing His goodness!

**The Lord, the Lord God, merciful and gracious, longsuffering, and abounding in goodness and truth. Exodus 34:6**

## **Knowing Your Name - Cherie Wagner - Sessions 1 and 2**

Join me as I debut my brand new Bible study “Knowing Your Name” that looks at the names and titles of God throughout Scripture with a desire to know our God. As we come to know and understand the character of God as He reveals Himself through His name, we come to know and understand our own identity in Christ. When we know His name, we know our name.

## **5 Ways to Prayer for your Family, Church, Nation & World - Erica Wiggernhorn - Session 1**

Think PRACTICAL- tools, tips and resources to intercede for those you love. When God's people pray, walls fall, hearts melt, chains break, and the dead come to life. There is power in prayer we cannot wrap our minds around. It's also the easiest thing to forget to do in our busy lives. Come be inspired and learn to pray from women in the Bible along with the man after God's own heart.

## **Standing Strong in the Spirit - Erica Wiggernhorn - Session 2**

Various passages from Romans- Why is the World Getting Darker & What Should We Do About It? Understanding God's overall plan of redemption laid out in Romans and what we as His people are equipped and empowered to do!

## **Waiting on God - Jan Shrader - Sessions 1 and 2**

Why is it so hard to wait on God? What might God be doing during our wait time? God never waste anything that happens to us, especially the times he asks us to wait for him to fulfill what he promised. Let's examine what God might be doing during our wait time.

## **Unpacking the Table of Contents - Carly Zeno - Session 1**

Have you been wanting to study your Bible, but not sure where to start? Together, we will dissect the table of contents to better understand the big story of the Bible and the how each book points us to Jesus.

## **Unleash your Inner Prayer Warrior - Carly Zeno - Session 2**

In this session, we will discuss practical ways to grow in our prayer life, and how be still and listen to God.

## **Treasuring Jesus - Julia Curtis - Sessions 1 and 2**

What does it look like to be hospitable and why does the Bible imply it is so important? Let's take some time to open God's Word to see why hospitality is so vital and learn some practical steps to opening our hearts and homes to believers and unbelievers.

**The Lord, the Lord God, merciful and gracious, longsuffering, and abounding in goodness and truth. Exodus 34:6**

## **He Can't Read Your Mind - Andrea Fortenberry - Sessions 1 and 2**

It would be nice if our husbands had this superpower, but it just isn't realistic! Whether you've been married for decades or just a few months, this session will give you practical strategies to reset marital expectations and improve communication with your spouse.

## **Biblical Theology - Simone Lake - Sessions 1 and 2**

Have you ever wondered how each book in the Old Testament and the New Testament relates specifically to Christ? Biblical Theology makes us aware that there are a number of central themes that spans throughout the 66 books of the Bible. From Genesis to Revelation and every Bible book in between, each book communicates a coherent message and overall theme of the person and work of Jesus Christ. While the world and its foundation is falling apart daily, come, learn and be encouraged of the firm foundation of God's truth that will last for eternity.

## **Healing for a Hurting Minister's Wife - Diana Johnson - Sessions 1 and 2**

We get to choose how we respond to the things done to us and by that choice, decide who we will be. Will you let God use what happened to you for good? Will you allow God's love to guide you through a process of forgiveness and healing?

## **Even If...life doesn't go as planned - Theresa Rose (Hjalmarson) - Sessions 1 and 2**

Bringing forward when life takes an unexpected turn. God is there in the midst of unknown/uncertain....what now? Why? Asking the questions, emotions to surface...being honest... Allowing God to navigate us thru all of it.

## **The Joy of Becoming a Contagious Christian! - Sara Beekman - Sessions 1 and 2**

Good news is contagious! We should be faith spreaders, love givers and hope dealers! - Groeschel. Come join me! You will leave inspired, encouraged, and challenged to step out in faith to share Jesus with those around you who desperately need Him! It will be fun and practical!

## **Single Motherhood - Carol Giles - Sessions 1 and 2**

Single Mom? I plan to encourage you who have made hard decisions in your life to move on and make a good life for themselves and their children by turning to God and taking hold of their faith anew - in a love relationship with God - fully surrendering to God. I will do this, not as if I think I understand their dilemma, but as a woman who has experienced the same things as they have. I plan to give them hope, help their self-esteem as a child of God, and give them reassurance as step on this new path.

**No one is good but One, that is, God.  
Mark 10:18**

## **Waters in the Wilderness - Jill Rhodes with Kristine Monaghan (artist) and Dr. Heidi Hernandez (harpist) - Sessions 1 and 2**

We all experience and endure wilderness seasons. While we think of these times as dry, dark or difficult, God provided water in the wilderness throughout the Scripture more constantly and consistently than in any other terrain! Pain and pressure points of our lives can become power points of superabundant supply as God pours out the living water we so desperately need. So come and be filled with unexpected refreshing to sustain you for the journey. As we combine the Word, art, and music, you will not just hear, but experience the revitalizing presence of the LORD.

## **You Don't Need the Urban Dictionary - Elesea Russo - Session 1**

Do you feel called to disciple the younger generations, but feel like you can't even talk to them? Would you like to be mentored, but have a hard time finding a willing mentor? Do you sometimes wonder if women of different ages are even speaking the same language? This session looks at the importance of older women teaching the younger and discusses practical ways to start Jesus conversations between the generations.

## **For Girl's Only - Elesea Russo - Session 2**

This light-hearted session is for teens and college gals. We will have a devotional about finding your identity in Christ before playing ice-breaker games and leave the session with a snack.

## **Brilla Con Toda Tu Vida - Iracela Sarabia - Session 1**

En este taller aprenderás a brillar con toda tu vida, porque no se enciende una lámpara para después esconderla, por el contrario se pone en lo mas alto para que alumbre a todo aquel quien entra en casa, si vivimos para Cristo brillemos como lumbreras y mostremos a otros como es el.

## **Descasando En Las Promesas De Dios - Iracela Sarabia - Session 2**

En este taller veremos a la luz de la palabra de Dios como podemos descansar y vivir diariamente con La Paz que traspasa todo entendimiento aun cuando las las circunstancias sean demasiado adversas.

## **Espíritu Santo Vs mi fuerza de voluntad - Carolina Castro - Session 1**

Alguna vez te has preguntado si eres tú o es el Espíritu Santo actuando en ti? O porque aún tu mal carácter te controla? Jesus prometio darnos poder cuando viniera sobre nosotras el Espíritu Santo, pero, es esto una realidad en tu vida?.En este taller aprenderás la diferencia de vivir en el Espíritu y la de vivir luchando en tus propias fuerzas, ademas, conocerás porque los malos hábitos o las conductas pecaminosas nos controlan y como romper con ellas para así vivir una vida que agrade a Dios.

## **3 temores que debo vencer - Carolina Castro - Session 2**

En este taller te enfrentarás a los 3 temores mas comunes que la mayoría de las hijas de Dios tienen. Identificar los temores, exponerlos a la palabra de Dios y recibir la libertad en Cristo, son algunas de las cosas que harás en este revelador taller.

**The Lord is good, a stronghold in the day of trouble; and He knows those who trust in Him. Nahum 1:7**